

Availability as of August 2026

Monday 5 slots	Tuesday 5 slots	Wednesday 1 slot	Thursday 5 slots	Friday 5 slots
Clinical time 10:00-12:00	Clinical time 10:00-12:00	Teaching 10:00-13:00	Clinical time 11:00-13:00	Teaching 10:00-13:00
Admin/ break 12:00-13:00	Admin/ break 12:00-13:00	Clinical time 13:00-14:30	Admin/ break 13:00-14:00	Clinical time 13:00-16:00
Clinical time 13:00-16:00	Clinical time 13:00-17:00	Break/travel 14:30-18:00	Clinical time 14:00-16:00	Admin/ break 16:00-17:00
Admin/break 16:00-17:00	Admin/ break 17:00-18:00	Teaching 18:00-21:00	Admin/break 16:00-17:00	Clinical time 17:00-20:00
Clinical time 17:00-20:00	Teaching 18:00-21:00		Clinical time 17:00-20:00	

Clinical time is bookable for clients & supervisees.

Detailed explanation of availability: The service aims to have a balance between supervision and therapy clients. Taking out teaching time, Robert has availability for around 55 therapy sessions and 35 supervisions per 4 weekly availability cycle (its done in 4 weeks to even out differences in months).

Clients are weighted based on how many sessions they get per cycle (weekly is 4 slots, fortnightly 2, etc.). When the number of client slots hits 55 I am full for therapy. Supervisees are given 25 slots in the weekday availability with 10 more via weekend video calls for 35 total. This, added to my teaching time, brings me to exactly the amount recommended by professional bodies. For this reason these numbers will not be exceeded. A table of what times are bookable can be downloaded [here](#).

Note on teaching breaks: Every 10 weeks of the course I teach sees a 2 week break between modules. That time can be used for admin and may be used for emergency appointments for clients. As there are 4 courses that take their break at different times there is a good buffer for things like emergency appoints and admin.